Health Affects

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FULL SPECTRUM LIGHTING PROMOTES BETTER HEALTH!

If you spend a lot of time indoors—even if there is plenty of sunlight shining through your windows—you are depriving yourself of the necessary nourishing frequencies of sunlight. In recent years, research has linked lack of proper lighting with many problems and disorders ranging from depression to difficulty with concentrating and learning. Starlite®™ provides the same Benefits as sunlight and eliminates these

problems and disorders.

Bring the Outdoors Indoors with Full Spectrum Lighting!!!

A scale called the Color Rendering Index (CRI) judges color of light. Light products are given a rating between

1-100, 100 being natural sunlight. Starlite \mathbb{B}^{TM} is the next best lighting source with a rating of 92. The colors you see under Starlite \mathbb{B}^{TM} are true and brilliant.

PHOTOBIOLOGISTS REPORT THAT..."Intense artificial light can cause "LIGHT STRESS", a biochemical change in the human body effecting a person's attitude and work habits." "The public should be informed of potential hazards of artificial light used so widely in our schools, factories and offices." "Right Light Means Better Health" "You can minimize the hazards of lighting by using "FULL SPECTRUM" fluorescent lamps instead of "narrow spectrum" (cool white) fluorescent lamps."

Contributes To Physical Fitness

Finally, the spectral ingredients in natural light are known to affect heart rate, oxygen intake

to the blood and blood pressure. Full spectrum light like that produced by Starlite® TM fluorescent lamps has been shown to increase the strength and capacity for physical activity and reduce fatigue in athletes competing in indoor sports or training indoors under artificial light.

Product Watts:

Product Bases:

Product Notes: 1-800-392-3552